

that previously provided on a six-inch Thermometer. We have put it to every possible test, having had one in constant use for the past week or ten days, and have found it "prompt" and reliable. It certainly is strong and well-made, and economical in price.

**BONTHRON'S DIABETIC BISCUITS AND BREAD.**—Sufferers from the painful and prevalent disease of Diabetes will appreciate the preparations of Mr. John Bonthron, of 106, Regent Street, London, if they only give a fair trial to the above-mentioned articles, in the manufacture of which he has won such a deservedly high reputation. The medicated foods have stood the test of the most exhaustive analysis, and are strongly recommended by medical specialists. Dr. Pavy makes special mention of them in his recent work on "Diabetes." We may also mention that Mr. Bonthron is now producing a very fine quality of Malt Bread. For indigestion, a special biscuit, manufactured from Hatschek's Patent Malto-Peptide, meets a greatly felt want. These Biscuits are easy of digestion, very nutritious, and rich in soluble albuminoids. They are specially recommended for anæmia, weak or impaired digestion, and as a pleasant and wholesome aperient. The Limogen Biscuit, made similar to an Albert Biscuit for luncheon purposes, places in the hands of Nurses and mothers an important adjunct in the formation of teeth and bone, and where any tendency to rickets or struma exists, the added gluten and hypophosphates give just what is needed.

WE earnestly call the attention of our readers to the "Vitalité" Sock. It well deserves its name, for the constant use of this sock proves a powerful protection against colds and chills, that lay the foundation of almost every illness. "Madam," said an eminent physician, to a patient who promised to wrap up warmly if he would allow her to go out one evening. "the mischief is done as soon as you put your feet to the ground outside your own door." We think had the "Vitalité" Sock been in existence then, it would have greatly minimised the risk. This sock is composed of loofah, a vegetable fibre; it is soft, yielding to the tread, durable, and also very absorbent, thus keeping the feet perfectly dry, even where a natural perspiration exists. We strongly recommend them to the use of all, more particularly those who are constantly on their feet, as they, to a great extent, prevent that feeling of extreme weariness. They are equally useful for out or in door wear, and possess an additional advantage in that they are easily washed

with soap and water. They cost sixpence a pair, and can be obtained from chemists and boot shops.

AS OTHERS SEE US.—All women who are interested in Nursing matters should feel grateful to the Editor of *The Nursing Record* for his able defence of all that is calculated to raise the profession. To his weekly magazine he is now adding a series of Text-books and Manuals which will, we are sure, prove a boon to many besides Nurses. Messrs. Sampson Low, Marston and Co., are the publishers, and the first four are now ready—viz., "Lectures to Nurses on Antiseptics in Surgery," price 2s., post free; "Norris's Nursing Notes," price 2s. post free; "Practical Electro-Therapeutics," price 1s. 6d., post free; and "Massage for Beginners," price 1s., post free. To the second "Norris's Nursing Notes" we would draw particular attention. It might well be read by all women, but it certainly should be in the hands of all who may be called upon to help in Home Nursing. So many women are attending the St. John's Ambulance Classes now because they feel they need some kind of preparation for this, at some time or other, almost inevitable Home Nursing; to such, "Norris's Nursing Notes" are strongly recommended.—*Housewifery*.

MESSRS. ARTHUR TOOTH & SONS (of the Haymarket) held on Saturday week the private view of their WINTER EXHIBITION OF WATER-COLOUR DRAWINGS. The walls of their spacious galleries were thickly hung with works of art from the brushes of most of our well-known artists. There were represented there Sir F. Leighton, P.R.A., Alma Tadema, Birket Foster, David Cox, Charles Meissonier, and many others too numerous to mention here. "In the New Forest" (42), by George Shalders, the sheep resting in the foreground appeared so perfectly natural, that we are more particularly sorry at not being able to say the same of the trees in the background. Again, in "At Burnham Beeches" (51), by E. G. Warren, nothing could have been more natural than the re-production of the grand old beeches, and as we gazed it made us long for the time when the weather would be such that we could again rest beneath their spreading boughs. Others varying in style, to which we would draw attention, are "A Dutch Interior," "Fern Gatherers," "View of Ben Lomond, looking down Loch Lomond," "Afternoon," "Joining the Smack," "Near Reigate," "Near Leith Hill, Dorking," "Lancaster Castle," and "York Minster," all of which are exceptionally good, and it is worth a visit, if only to see those named.

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